

DBF Dayanand College of Arts & Sci.
Solapur
Dept. of Psychology

1) PROGRAM- BA

2) PROGRAM OUTCOME-

- I) Students will have more confidence in their knowledge of the subject matter.**
- II) Students will come to know the social, political, economical, psychological institutions that impact the modern society.**
- III) Students will develop problem solving skills.**
- IV) Enhancement of knowledge in the area of research methodology.**
- V) Development of life skills ,soft skills, computer skills.**
- VI) Development of effective presentation skills for different purposes.**
- VII) Develop meaningful professional direction for life after graduation.**

3) SPECIFIC OUTCOME-

- I) Demonstrate knowledge of the major theoretical approaches and findings in psychology.**
- II) Know the research methods used in psychology , apply their knowledge in psychological research.**
- III) Critically assess information related to the study of behavior and mental process and use the critical assessment in forming conclusions and arguments.**
- IV) Develop knowledge base of human behavior across the broad areas of psychology.**
- V) Become aware of the applications of psychology in the professions associated with psychology.**
- VI) Identify the basic terms and concepts which are needed for advanced courses in psychology.**
- VII) Apply psychological content and skills to career goals.**

4.Course outcomes-

B.A-1	Syllabus Topic	Objectives	Topic outcome
SEM-1			
GENERAL PSYCHOLOGY PAPER-1	Unit-I Introduction to psychology 1.1 Definitions of psychology 1.2 History of Psychology 1.3 Perspectives in psychology 1.4 Major sub-fields in psychology 1.5 Research methods in psychology	Develop a strong background of the major theoretical approaches in psychology.	Students will come to know major concepts, approaches, subfields of psychology and research methods in psychology.
	Unit-2 Biological Basis of psychology 2.1 Neurons-structure& function 2.2 The neurons system 2.3 The brain 2.4 The endocrine system	Develop knowledge about nervous system and endocrine system and their connection with behavior.	Enhancement of knowledge regarding structure and functions of neurons, nervous system, endocrine system& their influence on behaviour.
	Unit-3 States of consciousness 3.1 Meaning of consciousness 3.2 Sleep-stages, function, sleep deprivation, sleep disorder 3.3 Dream 3.4 Hypnosis-How it is done? Views about hypnosis Nature Applications of hypnosis	Describe and explain nature of consciousness, Sleep- stages ,functions, sleep disorders dream-functions, hypnotism as a therapy.	Students will understand what is consciousness, sleep- stages, disorders, dream- why dream occur, functions of dream, how hypnotism is used as a therapy.
	Unit-4 Motivations & Emotions 4.1 Definitions of motivation 4.2 Theories of motivation 4.3 Types of motivations 4.4 Emotions -Definition -Function -Biological basis of emotions -External expression of emotions 4.5 Subjective well-being	Provide knowledge about Nature, theories, types of emotions and motives and their influence on behavior.	Students will learn more about emotions and motivation, their biological base and their influence on behavior.

B.A -1	Syllabus Topic	Objectives	Topic outcome
SEM-II			
GENERAL PSYCHOLOGY PAPER-II	Unit-1 Learning 1.1 Definition 1.2 Classical conditioning 1.3 Operant conditioning	Describe key concepts ,principles in learning and conditioning.	Develop a working knowledge of learning and conditioning methods.
	Unit-2 Memory & Forgetting 2.1 Memory-Process 2.2 Stages of memory 2.3 Forgetting 2.4 Causes of forgetting	Demonstrate process of memory, stages of memory , nature of forgetting and causes of forgetting.	Students will get knowledge about memory models, forgetting curve, forgetting causes, mnemonics.
	Unit-3 Intelligence 3.1 Definitions 3.2 Theories of intelligence 3.3 Measurement of intelligence 3.4 Emotional intelligence	Describe and explain nature of intelligence, theories of intelligence, measurement tools of intelligence and emotional intelligence.	Development of scientific knowledge about intelligence , IQ, theories of intelligence and emotional intelligence.
	Unit-4 Personality 4.1 Definition 4.2 Psychoanalytic theories 4.3 Humanistic theories 4.4 Trait theories 4.5 Measuring personality	Communicate effectively about personality in terms of psychological point of view, explain theories of personality and provide information about personality assessment.	Students can understand how psychologist study personality and assess the personality and how behavior is influenced by personalty.

B.A -II	Syllabus Topic	Objectives	Topic outcome
SEM-III			
PSYCHOLOGY PAPER-III	Unit-1 Adolescence: physical and cognitive development. 1.1 Physical development a) Physical maturation b) Threats to adolescence' well – being 1.2 cognitive development	To familiarize students with the basic developmental process of adolescence.- physical and cognitive development.	Development of knowledge about human developmental processes and adolescence's physical and cognitive development and behavioral characteristics of adolescence.
DEVELOPMENT OF ADLIESCENCE AND EARLY ADULTHOOD	Unit-2 Adolescence : social and personality development 2.1 Identity- who I am? 2.2 Relationships- Family and Friends 2.3 Sexual behavior and teenage pregnancy	To enable students to acquaint with social and personality development of adolescence.	Development of knowledge about social and personality development in adolescence stage.
	Unit-3 Early adulthood : physical and cognitive Development 3.1 Physical development 3.2 Physical limitations and challenges 3.3 stress and coping 3.4 cognitive development 3.5 intelligence	To make aware the students about physical and cognitive development in early adulthood.	Students will learn to what extent biological , cognitive factors affect to development in early adulthood and how thinking, behavior ,feelings change in early adulthood.

	Unit-4 Early Adulthood : social and personality development 4.1 Forgoing Relationships : Intimacy, Liking, Loving 4.2 What makes marriage work, Divorce, Parenthood , Staying single 4.3 work: choosing embarking career.	To explain social and personality development in early adulthood including relationships and all dimensions of early adulthood such as, love, marriage , divorce , parenthood, career.	Students will gain rigorous knowledge about social and personality development in early adulthood in terms of patterns of relationships , career.
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B.A -II	Syllabus Topic	Objectives	Topic outcome
SEM-III			
PSYCHOLOGY PAPER-IV	Unit-1 Adjustment and modern life 1.1 The psychology of adjustment 1.2 The scientific approach to behavior-experimental research and correlational research 1.3 The role of happiness 1.4 Application- improving memory performance	To familiarize students with Psychological applications in different fields and to develop knowledge about how psychological research relate to aspects of applied psychology.	Development of knowledge regarding what is adjustment psychology, research methods in applied psychology, fields of applied psychology.
ADJUSTMET PSYCHOLOGY	Unit-2 Stress 2.1 The nature of stress 2.2 Major types of stress 2.3 Responding stress 2.4 Effects of stress 2.5 Factors influencing stress tolerance 2.6 application- managing stress	To describe nature of stress, physiology of stress. Effects of stress and to discuss stress management techniques.	Students will come to know what is stress, nature of stress, effects of stress and stress management .

	Unit -3 Self 3.1 self -concept 3.2 self- esteem 3.3 self- regulation 3.4 self-representations 3.5 Application- building self esteem	To outline basic aspects of self such as self -concept, self- esteem, self- regulation , self- presentation and to explain how each aspect of self influence an individual's behavior.	Students will understand what is self- concept, self – esteem, self- regulation, self- presentation and how these factors affect behavior.
	Unit-4 Gender and behavior 4.1 Gender stereotypes 4.2 Gender similarities and differences 4.3 Biological origins of gender differences 4.4 Environmental origins of gender differences	To make aware the students about relationship between gender and behavior and to explain gender stereotypes, gender similarities and differences , biological and environmental origins of gender differences.	Students will demonstrate an understanding of relevant issues regarding gender and behavior.

B.A -II	Syllabus Topic	Objectives	Topic outcome
SEM-IV			
PSYCHOLOGY PAPER-V	Unit 1 Middle adulthood – physical and cognitive development 1.1 physical development 1.2 sexuality in middle adulthood 1.3 Health 1.4 Does intelligence decline in adulthood	To familiarize students with the basic developmental process of middle adulthood - physical and cognitive development.	Development of knowledge regarding physical and cognitive development in middle adulthood

	1.5 Memory		
DEVELOPMENT OF MIDDLE AND LATE ADULthood	<p>Unit 2</p> <p>Middle adulthood : social and personality development</p> <p>2.1 personality development</p> <p>2.2 Relationship : family and middle age</p> <p>2.3 work and leisure</p>	To make aware the students about social and personality development in middle adulthood and to explain relationship patterns, work and leisure.	Students will gain knowledge about social and personality development in middle adulthood and can understand relationships, work and leisure in middle adulthood
	<p>Unit-3</p> <p>Late adulthood: physical and cognitive development</p> <p>3.1 physical development</p> <p>3.2 health and wellness</p> <p>3.3 Cognitive development</p> <p>a) intelligence</p> <p>b) memory</p>	Develop the knowledge about physical and cognitive development in late adulthood in terms of health, intelligence, memory.	Students will understand physical and cognitive development in late adulthood, and develop the knowledge about health, intelligence and memory in late adulthood
	<p>Unit-4</p> <p>Late adulthood – Social and Personality Development</p> <p>4.1 Personality development and Successful aging</p> <p>4.2 Daily life and late adulthood</p> <p>4.3 relationship : old and new</p>	Describe and explain social and personality development in late adulthood	Students will get knowledge about social and personality development in late adulthood and will understand what is successful aging, relationships in late adulthood

B.A -II	Syllabus Topic	Objectives	Topic outcome
SEM-VI			
PSYCHOLOGY PAPER-VI	Unit-1 Interpersonal communication 1.1 The process of interpersonal communication 1.2 nonverbal communication 1.3 effective communication 1.4 communication problems 1.5 application- developing assertive communication style	To familiarize the students about interpersonal communication, process of communication, non-verbal communication, communication problems and how to develop assertive communication style	Development of effective communication style and knowledge about process of communication, non-verbal communication and communication problems
MODERN APPLIED PSYCHOLOGY	Unit- 2 Intimate Relationships 2.1 Friendship a) what makes a good friend b) gender differences in friendships 2.2 Romantic love a) sexual orientation and love b) gender differences in love 2.3 Marriage a) moving towards marriage b)) marital adjustment across the family life cycle c) vulnerable areas in marital adjustment d) divorce 2.4 Application- Understanding intimate violence	To develop the knowledge about intimate relationship in terms of friendship, Love, marriage, divorce and to explain related theories	Students will get rigorous knowledge about intimate relationship in life such as friendship, Love, marriage, divorce.
	Unit -3 Psychology and health 3.1 What is health? 3.2 Current perspectives on health and illness A) The Bio-psychosocial perspective B) Life span and gender perspectives 3.3 Habits, life style and health 3.4 Reactions to illness 3.5 Application- Methods for promoting health	To describe what is health and current perspectives on health and illness and also to explain relationship between lifestyle and health, reactions to illness and to communicate how to promote health.	Students will gain knowledge about health and perspectives of health and illness and will become able to apply the knowledge for maintaining good life style and health
	Unit-4 Career and work 4.1 Choosing a career 4.2 Models of Career choice and	Develop the knowledge about choosing a career, models of career	Students will demonstrate the knowledge for choosing career and

	development , Holland s model , women's career development 4.3 Changing world of work 4.4 coping with occupational hazards 4.5 Application- putting together a resume	choice, how to cope with occupational hazards.	to cope with occupational hazards.
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