

Solapur University, Solapur

B.A. Part-I

(Semester I & II)

(CBCS Semester Pattern Syllabus)

w.e.f. June, 2019.

1) **Title of the Course :-** Psychology

2) **Preamble :-**

Psychology is a behavioural science. It is introduced as an elective subject at the B.A. course. As a discipline, psychology specializes in the study of experiences, behaviours, mental and cognitive process of human beings within a social, cultural and historical context. This course includes the basic ideas, concepts, principles and research methods in psychology so as to enable the learners to understand themselves better.

The course deals with psychological knowledge and creates interest in students' learning psychology. The study of psychology provides personality development skills, learning skills, interpersonal relations etc. Psychology is of utmost need almost in every fields of life and helps to solve the problems of daily life.

The course provides a broad overview of psychology and helps to understand complexities of behaviour and developmental aspects of human.

3) **Objectives of the Course :-**

- 1) To familiarize students with the basic psychological process.
- 2) To enable the students to acquaint with the knowledge of terms, concepts, techniques and principles relating to the subject.
- 3) To develop the ability to apply knowledge of contents and principles of psychology in new and unfamiliar situations.
- 4) To prepare students to face various changes related to life and develop proper attitude towards them.

4) **Outcome of the Course :-**

- 1) Students can apply the psychological principles in their real life situations and to learn more effectively about life span development.
- 2) Students to develop better physical, social, cognitive and personality perspectives.
- 3) Students opting for competitive examinations are benefited

5) Eligibility of Course :-

For admission into bachelor's degree of Arts one should pass higher secondary school certificate examination i.e. H.S.C. or 12th Arts, Commerce, Science or equivalent examination from a recognized board.

6) Duration :-

The duration for B.A. – I course in one year with two semester pattern.

Semester I (Six Months) & Semester II (six months)

7) Medium of Instruction:-

English / Marathi.

8) Structure of the Course :-**B.A. Part - I****Semester - I****Psychology Paper-I – Introduction to Psychology**

(Theory 40+Tutorials 10

= 50 Marks.)

contact Hrs.-

Credit –
3L+01T=4

48 L+ 12T=60

	Units	Credit	Contact Hrs.
1.	Introduction to Psychology.	1	12
2.	Biological Bases of Behaviour.	1	12
3.	States of Consciousness.	1	12
4.	Motivation and Emotion.	1	12
	Total	4	48

B.A. Part - I**Semester - II****Psychology Paper-II – Fundamentals of Psychology**

(Theory 40+Tutorials 10 = 50

Marks.)

contact Hrs.-

Credit –
3L+01T=4

48 L+ 12T=60

	Units	Credit	Contact Hrs.
1.	Learning.	1	12
2.	Memory and Forgetting.	1	12
3.	Intelligence.	1	12
4.	Personality.	1	12
	Total	4	48

B.A. Part-I

Paper – I Introduction to Psychology Part – I,

(CBCS semester pattern syllabus – w.e.f. June-2019).

Semester I

Credit – (Theory 40+Tutorials 10 = 50 contact Hrs.-
3L+01T=4 Marks.) 48 L+ 12T=60

12 Contact Hrs.

Unit-1 :- Psychology as a Science

- 1.1 Definitions of psychology, Modern Definition.
- 1.2 History of Psychology.
- 1.3 Major Subfields of Psychology – Clinical Psychology, Counseling Psychology, Developmental Psychology, Educational Psychology, Experimental Psychology, Cognitive Psychology, Industrial / Organizational Psychology, Psychobiology and Evolutionary Psychology, Social Psychology.
- 1.4 Research Methods in Psychology – Observation, Survey, Case Studies, Experimental.

12 Contact Hrs.

Unit-2 :- Biological Bases of Behaviour.

- 2.1 Neurons –
 - A) Basic structure.
 - B) Basic Functions.
- 2.2 The Nervous System -
 - A) Basic structure and functions.
 - B) The nervous system: its major divisions.
- 2.3 The Brain –
 - A) Brain stem.
 - B) The hypothalamus.
 - C) Thalamus.
 - D) Limbic System.
 - E) The cerebral cortex.

12 Contact Hrs.

Unit-3 :- States of Consciousness.

- 3.1 Meaning of Consciousness.
- 3.2 Sleep –
 - A) Stages of sleep.
 - B) Functions of sleep.
 - C) Sleep disorder
- 3.3 Dream –
 - A) The functions and meaning of dream.
 - B) Day dreams.
- 3.4 Hypnosis –

- A) How it is done and who is susceptible to it.
 - B) Contrasting views (Theories) about hypnosis.
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12 Contact Hrs.

Unit-4 :- Motivation and Emotions.

- 4.1 – Definition of Motivation
- 4.2 Theories of motivation.
- 4.3 Types of motivation.
 - A) Hunger.
 - B) Sexual Motivation.
 - C) Aggressive Motivation.
 - D) Achievement Motivation
- 4.4 Definition of Emotion –
 - A) The Nature of Emotions.
 - B) The Biological Basis of Emotions.
 - C) External Expression of Emotions.

B.A. Part-I
Paper – II Fundamentals of Psychology
(CBCS semester pattern syllabus – w.e.f. June-2019).

Credit – 3L+01T=4

(Theory 40+Tutorials 10 = 50 Marks.)

**contact Hrs.-
48 L+ 12T=60**

12 Contact Hrs.

Unit-1 :- Learning -

- 1.1 Definition of learning.
- 1.2 Classical Conditioning.
 - A) Pavlov's early work on Classical Conditioning.
 - B) Basic Principles – Acquisitions.
Extinction, Generalization and Discriminations.
- 1.3 Operant Conditioning
 - A) Skinners basic Operant conditioning
 - B) Nature of Operant Conditioning
 - C) Basic Principles of Operant Conditioning- Shaping and chaining, Role of rewards and effect of procrastinations, Schedule of reinforcement, Stimulus control of behaviour.

12 Contact Hrs.

Unit-2 :- Memory and forgetting.

- 2.1 Definition of Memory –
 - A) Process of memory.
- 2.2 Stages of Memory –
 - A) Sensory memory.
 - B) Short term (working) memory.
 - C) Long term memory.
 - D) Types of memory – Declarative, Procedural, Semantic, Episodic, Implicit, Explicit,
- 2.3 Forgetting –
 - A) Ebbinghaus and forgetting curve.
- 2.4 Causes of Forgetting – Encoding failure, Decay theory, Interference theory.

Credit – 1

12 Contact Hrs.

Unit-3 :- Intelligence –

- 3.1 Definitions.
- 3.2 Theories of Intelligence -
 - A) Gardner’s Theory of Multiple Intelligence.
 - B) Sternberg’s Triarchic Theory
 - C) Cattell’s Theory of Fluid and Crystallized Intelligence.
- 3.3 Measurement of Intelligence.

12 Contact Hrs.

Unit-4 :- Personality -

- 4.1 Definition.
- 4.2 Psychoanalytic Approach.
 - A) Freuds theory of personality.
 - B) Jungs.
- 4.3 Humanistic Theories –
 - A) Rogers Self theory.
 - B) Maslow theory ofpersonality.
- 4.4 Trait Theories –
 - A) Allport and cattell.
 - B) The “Big five” factor.

Books for Study.

- 1) Robert A Baron (2011) : Psychology : 5th Edn.Eleventh impression, New Delhi - Pearson Education.
- 2) Robert S. Feldman (2002) : Understanding Psychology. 4th Edn. (5th Reprint), New Delhi, Tata-McGraw Hill Publishing Company Limited.
- 3) Saudric K. Ciccareli and Gleali F. Meyer (2012) : Psychology : South Asian Edn. 5th Impression. New Delhi - Pearson Education.

Book for References

- 1) Atkinson and Hilgards : Introduction to Psychology : 14th Edition, Thomson International Edition.
- 2) Morgan C.T. King, Weisz and Schopler (1994) : Introduction to Psychology 7th Edition, Tata-McGraw Hill, International Edition.
- 3) Lahey Benjamin B. (1998) : Psychology : An Introduction, 14th Edition (6th Reprint 2003) Tata-McGraw Hill Edition.
- 4) Hirve, Tadsare : Samanya Manasshastra: Kolhapur, Phadake Prakashan.
- 5) Pandit, Kulkarni, Gore (1999) : Samanya Manasshastra: Nagpur, Pimpalpure and publishers.
- 6) Sunil Sontakke, Uttamrao Bhosale, Anant Kulkarni (2007) : Samanya Manasshastra: Solapur, Aksharlene Prakashan.
- 7) Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.

